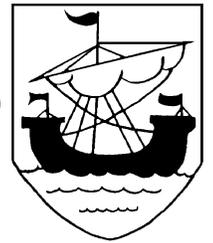


Canterbury Tales



The Newsletter of St. Anselm's Church, Lafayette, California

February, 2019

From The Rector

Crab Feed

Our annual crab feed will be held on Saturday evening February 23rd beginning at 5:30. Beverages, bread, salad, pasta and all-you-can eat crab included. Price is \$45 per adult, \$15 per person 14 and under. Payment in advance.

We are usually sold out or close to selling out every year, so if you are interested, sign up in Jackson Hall or by calling Cathy in the office.

Watch Out for Vandalism

Over the past several months we have had some cases of vandalism. A door was kicked in, a door lock was tampered with and a table in Jackson Hall was marred. We can all do our part in preventing vandalism by ensuring that we lock doors when we leave. Please be vigilant!

John+



Anselm's Angels

Individually, we are one drop. Together, we are an ocean.

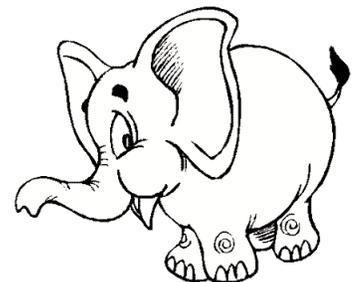
~ Ryonosuke Satoro

The Epiphany Party was, again, a fun-filled event. Many thanks to all who helped:

Coordinators—**Jane House & Chris Stone**

“Wise Woman” - **Shanda Young**
Sheila & Norm Gorsuch, Pam Green, Naomi Chamberlain-Harris, Michael Hollinger, Sara Nelson, Vicki Pappas, and the **entire clean-up brigade!**

And thanks to all who attended with yummy treats and interesting “white elephants.”



INTERFAITH OPPORTUNITY FOR WOMEN

I belong to an interfaith women's circle. We meet once a month. In my group there are 3 Muslim women, 4 Jewish women, and 2 Christians. We're looking for another one or two Christians. Our circle was organized by Neighbor to Neighbor, which is part of the Interfaith Council of Contra Costa County.

I first heard about these interfaith circles when we had the panel of Muslim speakers at our Lenten Series in 2016. Gail Clarke, Avon Wilson, and I asked if we could join. At that time, there was quite a long waiting list, so by the time there was space, I was the only one able to join. It's been a rich and connecting experience. We share about our faiths and our personal lives. I've gotten to know a lot about the other religions and also now have several good friends. One of my Muslim friends came to our Christmas Eve service this year.

Neighbor to Neighbor is looking to expand and create more circles. With that in mind, they have scheduled a meeting this coming Monday for women interested in learning more about the circles and perhaps applying to join one. Members of existing circles will share our experience.

When/Where: 7 PM Monday, February 4th at Temple Isaiah Adult Lounge

If you are interested, or want to join, but cannot attend, you can e-mail marambata@yahoo.com. You can also talk to me in coffee hour, e-mail me at annechalfantbrown@gmail.com or phone me. My cell phone # is: 925-788-0664. I will be attending the meeting, so if you want to go and to carpool, let me know.

Anne Brown

SOUPER BOWL SUNDAY IS HERE!

For the last several years, the youth of St. Anselm's have been participating in Souper Bowl Sunday, a program that raises funds to fight hunger locally. On **Sunday February 3rd**, our youth will once again be collecting donations for the Food Bank of Contra Costa and Solano County. **We want to raise a record amount this year! Father John will match donations up to \$1,000 from his discretionary fund for donations made on Super Bowl Sunday.** To contribute, just bring cash and put it in the soup pot after the service, or make a check out to St. Anselm's and write "Souper Bowl Sunday" on the memo line



ANNUAL PARISH MEETING

**Sunday, February 17th
following the 10:00 a.m.
service**

- 2018—A Year In Review
- Elections:
 - * Vestry Class of 2022
 - * Diocesan Deanery Delegates
 - * Deanery Alternates

*All are encouraged to
attend!*

*Your participation is
important!*

ANNUAL REPORTS

If you are the Chair of a commission, committee, guild or group, and have something new and exciting to report, please have your Annual Report to Cathy (in the office) by February 11th. Thanks.



Canterbury Tales is the monthly newsletter of St. Anselm's Episcopal Church, 682 Michael Lane, Lafayette, CA
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e-mail: cathy.w@stanselms.ws
web site: www.stanselms.ws

Editor:
Cathy S. Witkay

Sunday Services:
8:00 a.m. Holy Eucharist
10:00 a.m. Holy Eucharist

St. Anselm's Staff
The Rev. John Sutton, Rector
The Rev. Naomi Chamberlain-Harris, Deacon
Cathy Witkay, Office Manager

WOMEN'S RETREAT – 2019

I have some exciting news! We have a reservation at The Bishop's Ranch for October 25-27. As some of you already know, we needed to guarantee 10 participants in order to hold it. We've done that. We have 10 sign-ups and several strong maybe's, so we're off to a good start.

The Bishop's Ranch is in a beautiful setting near Healdsburg. There are views across the valley and lovely walking trails. The food is delicious. The last two times that we've been there, another church from San Francisco has also come. They are high energy, leading us all in singing grace before meals. On Saturday night they typically have some kind of country dance and invite us to join.

We will once again be in Harrison House, which has a cozy, home-like setting, with a kitchen, living room/dining room combination with a fireplace, where we have our meetings. Outside there's a porch, where we can sit. We will share bedrooms. The cost is \$264 for a double room and \$234 for a triple room. If you want to come, but can't afford it, we do have scholarship funds. Check-in time is 5 pm on Friday. We're responsible for our dinner on Friday night. The Ranch provides breakfast, lunch, and dinner on Saturday, breakfast and lunch on Sunday. Check-out is early afternoon on Sunday.

We do not yet have a leader or a topic. However, my experience is that whoever leads or whatever the topic, what's important is the connecting energy among us that's always there. We pray, we share, we laugh. If you are new to St. Anselm's, it's the perfect way to get to know other members.

If you have questions or want to sign up as a "Yes" or a "Maybe", you can talk to me at coffee hour, phone or e-mail me. My cell phone # is: 925-788-0664. My e-mail address is: annechalfantbrown@gmail.com.

Hope to see many of you there!!

Anne Brown

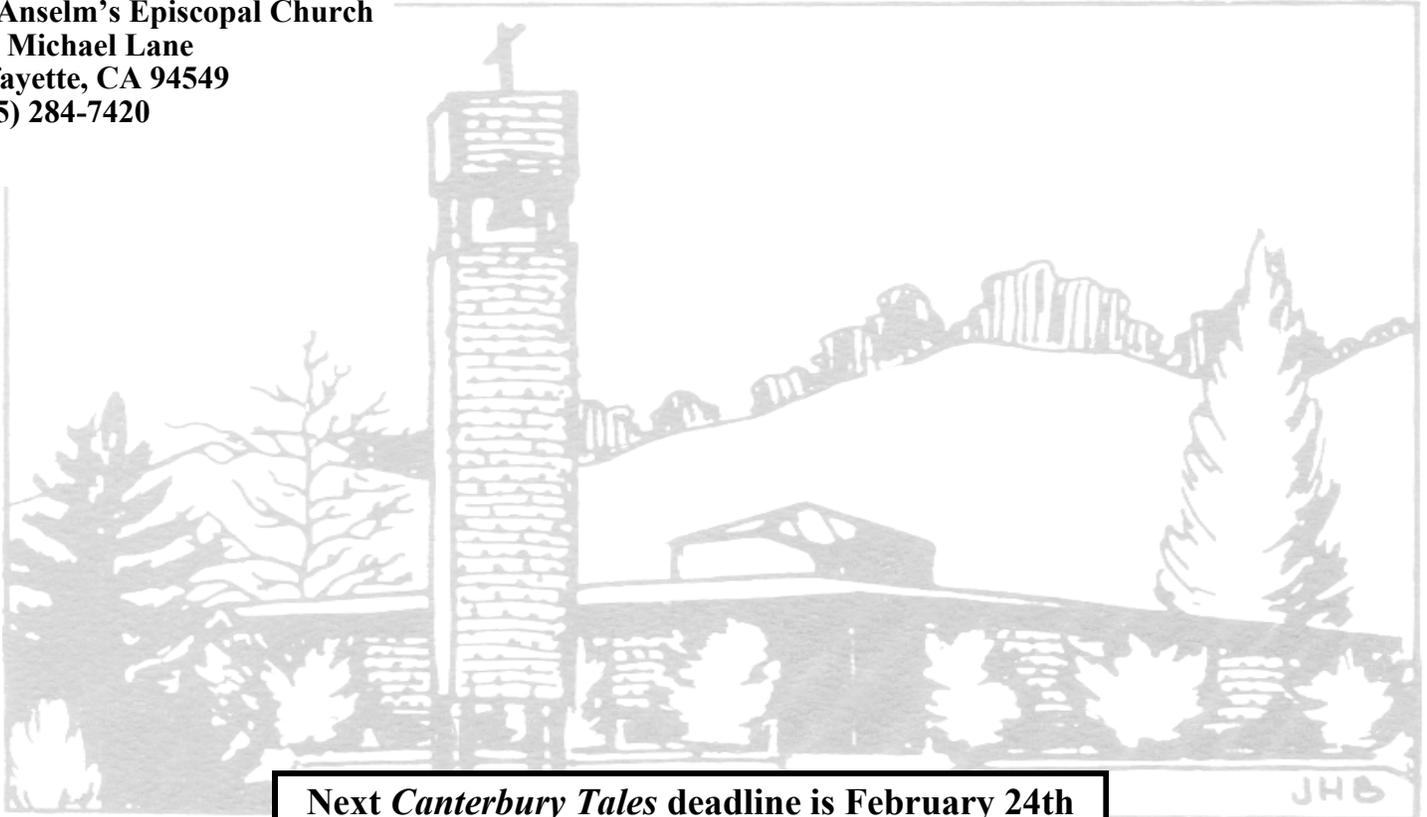


Upcoming Events in February

3	Sun		SOUPER BOWL SUNDAY
		9:15 a.m.	Altar Guild Meeting
		11:30 a.m.	Cancer Support Group
4	Mon	12:00 p.m.	Michael Lane Preschool Board Meeting
5	Tue	10:00 a.m.	Stephen Minister Meeting
		12:15 p.m.	Grief Support Group
6	Wed	9:30 a.m.	Hatha Yoga
		10:45 a.m.	Contemporary Bible Study
9	Sat	9:00 a.m.	Choir Rehearsal
		6:00 p.m.	Bridge Group
10	Sun	9:00 a.m.	Choir Rehearsal
		11:45 a.m.	Confirmation Class
11	Mon	7:00 p.m.	Vestry Meeting
13	Wed	9:30 a.m.	Hatha Yoga
		10:45 a.m.	Contemporary Bible Study
		2:30 p.m.	Property Commission Meeting
17	Sun	10:00 a.m.	Baptism – Eloise Susan Fitzsimmons
		11:30 a.m.	PARISH-WIDE ANNUAL MEETING
18	Mon		PRESIDENTS' DAY – Church Office Closed
20	Wed	9:30 a.m.	Hatha Yoga
		10:45 a.m.	Contemporary Bible Study
23	Sat	9:00 a.m.	Choir Rehearsal
		5:30 p.m.	CRAB FEED
24	Sun	9:00 a.m.	Choir Rehearsal
		11:45a.m.	Confirmation Class
			Canterbury Tales Deadline
26	Tue	6:30 p.m.	Michael Lanza Presentation – Preschool
27	Wed	9:30 a.m.	Hatha Yoga
		10:45 a.m.	Contemporary Bible Study

*Happy
Valentines
Day*

St. Anselm's Episcopal Church
682 Michael Lane
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Next *Canterbury Tales* deadline is February 24th

Do you know where *Valentine's Day* came from? How it became so popular? Was it always about love and good feelings? Here are some interesting *facts* you might not know.

- The most popular theory about Valentine's Day's origin is that Emperor Claudius II didn't want Roman men to marry during wartime. Bishop Valentine went against his wishes and performed secret weddings. For this, Valentine was jailed and executed. While in jail he wrote a note to the jailor's daughter signing it "from your Valentine."
- In Victorian times it was considered bad luck to sign a Valentine's Day card.
- About 1 billion Valentine's Day cards are exchanged each year. This makes it the second largest seasonal card sending time of the year.
- Many believe the X symbol became synonymous with the kiss in medieval times. People who couldn't write their names signed in front of a witness with an X. The X was then kissed to show their sincerity.
- Richard Cadbury produced the first box of chocolates for this holiday in the late 1800s.
- The red rose was the favorite flower of Venus, the Roman goddess of love.
- 189 million roses are sold in the U.S. on this day.
- Teachers will receive the most Valentine's Day cards, followed by children, mothers, wives, sweethearts and pets.
- 220,000 is the average number of wedding proposals on Valentine's Day each year.
- Every Valentine's Day, the Italian city of Verona, where Shakespeare's lovers Romeo and Juliet lived, receives about 1,000 letters addressed to Juliet.